

A Peaceful and safe country / Japanese villages. Experience in farm villages for enjoying interaction with villagers. It is full of excitement! We are waiting for you.

Interacting peacefully and safely with people in Japan



NAGANO





Friends in nature

Expanse of the tranquil country landscape

Coming out to welcome the bus

Hotto Stay: Six hours

Experience actual life in day trip to rural household!

Kankyo walk: Three hours

Walking around the village and discovering the

environment, food and health

Furusato Kaiki Prep School: Experience rural life over a three nights stay.



The history, culture and traditions of the country still exist in the villages.

まっとステイ

gix hours Experience the actual lifestyle

Enjoy the life-style Have friendly chats without hesitation

- The village where life starts. Feel the joy of living.
- Compassion = warmth of the heart, kindness and consideration
- Greet loudly with a smiling face.





Tea time during the initial meeting

Enjoying the vegetable harvest





Working with the children

Lunch at the house of the host



Playing in the river-the most popular activity



What have you taken?





HOTTO STAY (Charges applicable)

Arrival at the venue and going to 9:15 the household

9:30 ~ Tea: Introducing yourself Experiencing the lifestyle: Daily activities Experiencing agricultural work: The fields

Experiencing cooking Lunch

15:30 ~ Nature Experience: The Mountain and river Strolling: The settlement and school Farewell gathering: Assemble from the household and depart at 16:00.

Information for accomodations in the neighborhood

Nagano Prefecture: Ueda City, Aoki village Sugadaira-kogen Highlands, Kutsukakeonsen Hot Spring, Tazawa-onsen Hot Spring, Bessyo-onsen Hot Spring

Nagano Prefecture: Tateshina town, Nagawa town Megami Lake, Shirakaba Lake, Tateshina-kogen Highlands

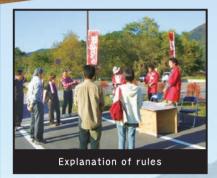
Nagano Prefecture: Chino City, Suwa City Tateshina-kogen Highlands, Shirakaba Lake, Kurumayama-kogen Highlands, Kirigamine-kogen Highlands

観郷ウオーク

Three hours Walk around and discover the villages

How much do you know?
Issues with the environment, food, health

Man, living creatures, nature and the land support each other and live together on the earth.













Asking an elderly lady a question.







What are the five major allergies?



KANKYO WALK

(Charges applicable)



- Walking along the predetermined course and competing.
- · Distance: 5-7km
- · Start at 9 am or 1 pm
- Ten question spots (two local residents)
- One spot five questions, out of 100 points
- · Village therapy walk

Manners for the village tour

- 1.To have a general knowledge of the world.
- 2.To speak actively without hesitation.
- 3. To work together.
- 4. Do not engage in selfish behavior
- 5. To learn the Japanese language and lifestyle.

ふるさと回帰予備校

whree nights stay The experience of staying in a village

Interaction makes people grow Look, feel and listen to Japan's rural life

- Interaction gives birth to all ideas.
- Knowing the 'importance' of interaction.



First, a commemorative photo taken at the lodging house



Taking a stroll around the settlement with the host





Looking around the farm work



Playing at the river with some of the host family







Helping with the farm work-2



Furusato Kaiki Prep School

(Charges applicable)

This is recommended for anyone who wishes to experience Japanese rural life. Participants stay in lodging houses, visit a nearby farming family and experience farm work and life. You also cook for yourself. This experience enables one to gain an understanding of life in Japanese villages.

Enjoy Japanese language!

Supporting the learning of Japanese conversation

The visitors are given guidance on conversation at the households by actively using the words that are used to Japanese hosts, based on text books. Village Experience: Contact details for enquiries

Shinshuu Shiawasemura Sanada

Foresuto Koubou Mokuri-nai 9022-2 Soehi, Sanadamachi, Ueda City, Nagano Tel: +81-(0) 268-61-5488 mail:sanada@siawasemura.com

Nagano Hotto Stay Society

1026-2, Shimotakeshi, Ueda City, Nagano Tel:+81-(0)268-85-3939 mail:mail@murada.com

Nagano Prefectural Tourism Association

692-2 Habashita, Minami-Nagano, Nagano City, Nagano Tel: +81-(0) 26-234-7219 mail:kikaku@nagano-tabi.net